**Getting started with the**

**NHS App**

**To use the NHS App you must be:**

* Aged 13 or over
* Registered with an NHS GP Surgery in England or the Isle of Man

You do not need to be registered for online services at your surgery to use the NHS App

**To set up an NHS Login, you will need:**

* An email address
* A mobile phone number

Upon registering a 6-digit security code will be sent to your email. You will be asked to enter this code to verify your email address and continue.

Next, you will be asked to give your mobile phone number. Another 6-digit security code will be sent by text message to your mobile phone. A security code will be sent to your mobile phone every time you log in unless you select ‘remember this device and stop sending security codes’.

**You will be asked to prove who you are. How to prove who you are:**

1. take a photo of your ID (ie. passport, driving licence, residency card)
2. record your face using your device
3. enter your NHS number if you know it;

We ask you to record your face so that we can compare it to your photo ID and prove who you are. We may also ask you for more details to help find and link you to your NHS record.

**Additional information:**

To access some websites and apps, you may need to provide some additional information to prove who you are. This is so you can be connected to your NHS medical record and to protect your health information.

This may include your:

* date of birth
* NHS number
* name
* postcode

[Getting started with the NHS App - NHS App help and support - NHS (www.nhs.uk)](https://www.nhs.uk/nhs-app/nhs-app-help-and-support/getting-started-with-the-nhs-app/)